

2026 Lower Extremity Mastermind **REGENERATIVE**

February 26 – March 1, 2026

PROCEDURES INSTITUTE

Agenda

Thursday, February 26 – Pre-Conference Opportunity (Optional)

Time	Topic and Details
4:00–8:00pm <i>*optional add-on</i>	<p>Advanced ACL Protocols & Knee/Hip Intraosseous Techniques Rahul Desai, MD – Two advanced tracks built for clinicians who want next-level results in challenging knee and hip cases.</p> <ol style="list-style-type: none"> Intraosseous Techniques (Knee/HIP): Learn fluoroscopic + ultrasound-guided intraosseous delivery workflows to address advanced arthritis, subchondral bone pathology, and “hard-to-move-the-needle” cases—complete with indications, sequencing, safety pearls, and clinic-ready protocols. ACL Regenerative Protocol: A high-yield, evidence-based approach to ACL repair/augmentation integrating biologics and mechanical stabilization principles—designed to improve ligament healing quality, progression, and return-to-sport decision-making.
5:30–7:30pm	<p>L2Bio Lecture and Live Training (Open to all): A pre-conference lecture plus live patient demonstration of the L2Bio stem cell harvest process. See the workflow, learn the clinical integration model, and explore optional attendee harvest opportunities at Rejuv.</p>

Friday, February 27 – Day One (Hip Focus)

Time	Topic and Details
7:30–8:00am	<p>Check-In / Welcome Message: Quick orientation led by Joel Baumgartner, MD. Guidance to gain skills to implement in your clinic immediately.</p>
8:00–8:30am	<p>Photobiomodulation to Optimize Regenerative Outcome Rahul Desai, MD— Learn how to use photobiomodulation as a performance amplifier for regenerative medicine: dosing concepts, timing around procedures, practical device/application strategies, and how to build PBM into patient pathways for better recovery and outcomes.</p>
8:30–10:00am	<p>Biotensegrity Hip Joel Baumgartner, MD – A fresh way to understand hip pain and dysfunction. Learn hip anatomy through a Biotensegrity lens—layered fascial + neurologic mapping, ultrasound-guided pattern recognition, and a clinical decision framework that helps you stop chasing symptoms and start targeting the true drivers of dysfunction for regenerative success.</p>
10:00–10:30am	<p>BREAK+ Vendor Expo + Practice Accelerator Consult Window Fuel up, explore vendors, and take advantage of free practice/marketing acceleration consults (limited slots).</p>
10:30am–12pm	<p>Live Patient Demo: Ultrasound Scanning & Injection Techniques (Hip) Joel Baumgartner, MD – The full workflow in real time: diagnostic ultrasound scanning, pattern confirmation, target prioritization, and ultrasound-guided injection execution—built around efficient, repeatable clinic system.</p>
12:00–1:15pm	<p>LUNCH (Sponsored by: Legally Mine)+ Vendor Expo + Practice Accelerator Consult Window Sharpen your growth plan: patient acquisition systems, operational bottlenecks, and the “next 90 days” roadmap. Legally Mine: Safeguarding Wealth: Lawsuit Prevention & Tax Strategies</p>
1:15–4:30pm	<p>Hands-On Ultrasound Cadaver & Model Lab – Hip Level 1: Eric Phillippi, MD Level 2: Joel Baumgartner, MD – Hands-on scanning and injection execution with cadaver and model stations—probe mechanics, landmarking, safety, and the clinic-ready workflows.</p>
2:00–3:15pm	<p>Business Roundtable: Marketing Systems & Campaigns & Growth Levers Business Track: Tim Reihm + JR Burgess – Learn messaging that converts, funnels that scale, campaigns that create predictable demand, and the real-world systems behind steady lead flow and higher close rates.</p>
3:15–4:30pm	<p>Business Roundtable: Practice Accelerator Roundtable: Operations + Scaling + Offers Business Track: JR Burgess + Dori Soukup + Garrett Ewers – Tactical scaling without chaos: team structure, KPIs, patient journey design, offer positioning, and the operational rhythms that keep quality high with rapid growth</p>
4:30–5:15pm	<p>Special Business Announcements – A Don't Miss Event! Garrett Ewers, Dori Soukup, and JR Burgess</p>
5:15–6:00pm	<p>The Five Pillars of Practice Success JR Burgess – A practical blueprint for sustainable success: leadership, culture, systems, marketing, and operational excellence—so your practice grows and your life gets better.</p>
6:00–8:00pm	<p>Networking Social & Reception Connect with faculty, peers, and sponsors in a relaxed setting—collaboration, case talk, and relationships that last. Includes Sponsored talk by L2Bio (6:30–7:00pm).</p>
6:30–7:30pm <i>*optional add-on</i>	<p>Bone Marrow Course – Lecture Eric Phillippi, MD – Bone marrow fundamentals made practical: indications, harvest strategy, processing concepts, and how to integrate marrow-based procedures into a high-performing regenerative practice.</p>

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Saturday, February 28 – Day Two (Knee & Ankle Focus)

Time	Topic and Details
7:45–8:00am	Morning Welcome / Overview A fast, high-clarity roadmap of the day so you know exactly what's coming and how to maximize learning.
8:00–8:30am	Billing & Coding for Regenerative and Ultrasound-Guided Procedures <i>Eric Phillippi, MD – The real-world billing playbook: documentation structure, modifier strategy, efficiency pearls, and how to reduce friction while staying compliant—so great care is also sustainable.</i>
8:30–10:00am	Biotensegrity Knee & Ankle <i>Joel Baumgartner, MD – Learn a Biotensegrity approach to knee and ankle anatomy and pain patterns with ultrasound-guided confirmation. Walk away with a clearer framework for target selection, sequencing, and decision-making that elevates your outcomes and your confidence.</i>
10:00–10:30am	BREAK+ Vendor Expo + Practice Accelerator Consult Window <i>Meet vendors and connect with our business team to troubleshoot bottlenecks and accelerate growth.</i>
10:30am–12:15pm	Live Patient Demo: Ultrasound-Guided Knee Injections <i>Joel Baumgartner, MD – See the full clinical workflow: scanning, diagnosis, prioritizing targets, and executing ultrasound-guided injections with precision—plus the “why” behind each decision point.</i>
12:30–2:00pm	LUNCH + Vendor Expo + Practice Accelerator Consult Window <i>A working lunch designed for connection and momentum—meet sponsors and collaborate with our business team on patient acquisition, retention, and operational flow.</i>
2:00–5:45pm	Hands-On Ultrasound Cadaver & Model Lab – Knee & Ankle <i>Level 1: Eric Phillippi, MD Level 2: Joel Baumgartner, MD – A high-reps lab experience: knee compartments, key pathology recognition, procedural ergonomics, and injection workflows you can run with confidence.</i>
3:00–4:15pm	Business Roundtable: Business Planning and Goal Setting <i>Business Track: J.R. Burgess + Garrett Ewers – Build a clear execution plan with priorities, quarterly goals, accountability, and measurable outcomes that align the entire team.</i>
4:15–5:45pm	Business Roundtable: Marketing & Operations Deep Dive <i>Business Track: Garrett Ewers– Scale-ready systems: conversion, scheduling optimization, team utilization, KPIs, and the operational upgrades that unlock growth.</i>
5:45–6:15pm	Expert Panel: Clinical Decision-Making, Business Success & Regenerative Techniques <i>Panel: Joel Baumgartner, MD; Eric Phillippi, MD; David C. Wang, DO; JR Burgess; Garrett Ewers. High-yield panel Q&A with real-world decision-making: what to treat first, how to sequence, how to manage complex cases, and how successful practices consistently execute.</i>
6:15–8:00pm	Networking Social <i>More time to connect—case sharing, practical pearls, and building relationships that elevate your clinical skills and your practice trajectory.</i>
6:30–8:00pm <i>*optional add-on</i>	Bone Marrow Course – Cadaver Training <i>Eric Phillippi, MD – Hands-on cadaver training to lock in harvest technique fundamentals and confidently integrate marrow-based procedures into your treatment toolbox.</i>

Sunday, March 1 – Optional Add-On Course

Time	Topic and Details
8:00am–12pm <i>*optional add-on</i>	Lower Extremity Nerve Blocks & Scanning <i>Eric Phillippi, MD & David C. Wang, DO – This is the course that “levels up” your entire practice. Learn a repeatable ultrasound-guided nerve mapping and hydrodissection workflow that applies across regenerative orthopedics, chronic pain, and complex “pain-without-a-clear-structure” patients. You’ll learn how to identify, confirm, and treat common lower extremity peripheral nerve pain generators—building skills that translate immediately to better outcomes, better patient understanding, and a broader range of conditions you can confidently help.</i> Covers: femoral/saphenous, tibial, peroneal, sural, and plantar nerves with live model scanning and hands-on technique instruction.